

**2006 Muddy Boot Organic
Festival Workshops and
Speakers Schedule**



Saturday Sept 9th

10:15-10:30

Robert Kennedy Jr. Opening Remarks

10:30-11:00

CRITFC tba

11:00-11:30

Mentor Artists Playwrights Project:
Never Ending Memory of the Ancient Forest

12:00-1:00

Kevin Scribner of Kooskooskie Fish
Wild Alaska Salmon - An Organic Saga
Hear the story of how Alaska salmon swam against the tide to gain organic status and how you can support stewardship of the sea, and keep gold mining and oil drilling at bay, simply by the way you set your table.

12:00-1:00

Portland Community Gardens
Community Gardening: sustaining food and friends.
Have you wondered about joining a Portland Community Garden or help to start a new one in your neighborhood? Join Leslie Pohl-Kosbau to learn about how the gardens provide places for people to meet their neighbors, learn more about organic gardening, and have a place to grow vegetables and flowers in Portland. We will also visit the nearby Clinton Community Garden, located at a block from the festival.

1:00-2:00

Energy Trust: Solar 101
Despite our rainy reputation, solar works here in the Portland area! Find out if a solar energy system is right for you. Learn about the costs, financial incentives, and other factors to consider before investing in solar.

1:00-2:00

Oregon Solar Energy Association: Solar Cooking for Kids!
Can you really cook an egg on a sidewalk in the summertime? Join us for a discussion of solar cooking energy resource, technology, and applications. Watch a solar oven reach 300 degrees F in a cooking demonstration (weather permitting of course!).

1:00-2:00

Film Fest: Celilo Falls and the Remaking of the Columbia River

This short film provides a glimpse of life at Celilo as it once was and considers the cultural, social and political forces that changed the area. *(Followed by discussion with Kevin Gorman of Friends of the Columbia Gorge)*

2:00-2:30

Children's Film: Let it Rot! (Animated)

2:00-3:00

Community Energy Project: Lead Poisoning Prevention

Perry Cabot from Community Energy Project will show you how to protect your loved ones against the dangers of lead by creating a safe & healthy environment. Discover common sources of lead, its effects on the body, prevention methods & resources. Free prevention kit (\$30 value) includes home lead test swabs, lead dust sample kit, & cleaning supplies. Call Community Energy Project, 503-284-4962, to register.

2:00-3:00

**Oregon Tilth:
Organic Matters!**

Come explore the exciting world of organic agriculture – from soil to sustenance and more. Andy Parker of Oregon Tilth will show slides highlighting the principles and practices of organic gardening for healthy food and beautiful landscapes.

3:00-3:30

Film Fest: God's Creation and Global Warming

(followed by discussion with Sr. Pat Nagle from St. Philip Neri Catholic Church)
This film looks at the relationship of faith to the issue of climate change and global warming.

3:30-4:30

**Interfaith Power and Light:
Real Energy Solutions!... *Beyond Cold Showers!***

Doug Boleyn of Interfaith Power and Light will teach you about Energy saving tips that go beyond just taking shorter showers and turning down the thermostat. Learn how you can decrease your energy related environmental impact to near zero! Plus the bonus of getting those energy bills as low as possible!

3:30-4:30

Glen Andresen: Organic and Pesticide Free Lawn Care

Sure, your lawn can be a beautiful asset to your home: great to play or lie on, protecting the soil from erosion and filtering out urban pollutants. But depending on how you care for it, your lawn can also be a big contributor of environmental pollutants. Using a natural approach to lawn care means your lawn stays healthy and is easier on the environment.



Sunday Sept 10th

Metro : Fertile Soil Secrets

12:00-1:00

Join Carl Grimm from Metro to learn the keys to soil fertility success and the basics of home composting. See a slide show and samples and take handouts home.

Bureau of Environmental Services:

Stormwater Management Retrofits and Clean River Rewards

12:00-1:00

This fall, the City of Portland is launching Clean River Rewards which will provide up to a 35% discount on stormwater utility fees for properties that manage stormwater on site. Managing stormwater on your property helps protect rivers, streams and groundwater. This workshop will cover general information on assessing your site and determining appropriate stormwater management options for your site. More information and additional resources about Clean River Rewards can be found at www.CleanRiverRewards.com.

Oregon Solar Energy Association:

Tania Parks: "Fun and Games with Solar"

12:00-1:00

Children's film: The True Cost of Food (Animated)

1:00-1:30

This animated film is great for kids and encourages people to think about the environmental impacts of their consumption choices by providing specific information. *We, the consumers, through our food choices, can stop the practices that harm our health, our planet, and our quality of life.*

Penny's Puppets! : "Paradice Hero"

1:30-2:00

Oregon Sustainable Agriculture Land Trust (OSALT):

Healthy Soil, Healthful Food, Healthy People, Healthy Communities!

1:30-2:30

The past 50 years of food production and distribution in the United States has led to the most overfed and undernourished population in the world, with the most expensive health care and the worst health of any "advanced" nation. Join a discussion with Will Newman of Oregon Sustainable Agriculture Land Trust (OSALT) to explore ways we can all help rebuild food chains that restore health to the earth, to people, and to communities.

Portland Office of Sustainable Development: Green Remodeling Tour

1:30-2:30

Join Mike O'Brien, OSD's Green Building Specialist, for a tour of Portland houses that are being remodeled with sustainability in mind. Meet the homeowners, designers and builders who are making Portland the national center for green building.

Penny's Puppets! "Little Red Hen"

2:30-3:00

**Growing Gardens: Worm Composting;
Learn How to Make a Worm Bin at Home!**

3:00-4:00

Rodney Bender from Growing Gardens will teach you about the magic of composting with a worm bin. Worm bins are clean, compact compost systems that turn your kitchen scraps into rich food for the soil and can be kept indoors. Learn how to assemble, maintain and harvest a worm bin."

3:00-4:00

Veggie Soap Box Derby! For Kids!!

Film Fest: The Living Land

(Followed by discussion with Jenny Holmes of Interfaith Network on Earth Concerns, David Shonk of Troutdale Fresh Direct Farm, and Jim Bronnick of Preying Mantis Farms)

3:00-4:00

Over the many years, our methods of growing food have become ever more mechanized and more complex. At the same time, we've lost millions of acres of good soil to pollution, erosion, and an ever growing population. However there is now an ever increasing awareness of the need to change our perceptions about how we grow our food and how we treat the land. This film features stories of some individuals on the frontier of the this effort.

4:00-5:00

Growing and Using Herbs for Health, Beauty and Flavor

We are surrounded by useful, flavorful plants called herbs. Many of us don't put them to use. Some we try our best to eradicate. Join Cascade Anderson Geller for slides and discussion about basics of growing and integrating herbs to enhance the health and beauty of your body, landscape, and garden. Plus learn important details of using herbs in the kitchen to improve flavor.